## The Rock Central School

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NEWSLETTER

## Principal's Message

Dear Families,

> Vision Statement
> The Rock Central School will strive to achieve a quality learning culture, which supports students to reach their greatest potential.
> Our School will meet the individual needs and interests of each student, inspiring them to become, literate and numerate and productive members of the community.

Happy holidays everyone, your children have worked hard, learnt a lot and grown within themselves during this term and need to be congratulated on their personal growth. We wish everyone a safe and event free holiday and look forward to our return on the $15^{\text {th }}$ of October.

## Concert Week 1

The concert matinee and night performances will be held on Wednesday, $17^{\text {th }}$ October. We are trialling having the concert at school, with our new stage set up under the Primary COLA (Secondary COLA if the weather is inclement). The canteen will be operational with the coffee machine running and all sorts of other goodies available for sale. If your child/ren cannot make the evening performance, please let the classroom teacher know this week. As usual, I cannot wait to see the fantastic performances the students and teachers have been diligently rehearsing. If you haven't got your tickets yet, you still have a few days next term. We will be having rehearsals on Monday and Tuesday, the first two days back, so please keep your children practicing at home over the holidays.

## Training Day one Term 3

The Department have developed a new pay system. Mrs Marsh, Mrs Adams and myself will be away training on the first day next term. We are looking forward to finding out more about the system.

## Primary Excursion Week 2

After the concert week, Primary students will be excited to go on their end of year excursion to Canberra. If there are any changes to your child's health needs leading up to the excursion, please contact the school so we can have all measures in place to support your child.



## \& C Raffle

Tickets are available from the office for \$2 each or 3 for $\$ 5$. The prize is this very handy gardening trolley loaded with tools and accessories. The prize is now on display at Food Works.


## Thank You!

Thank you to the AFL Star who donated AFL stickers for our Footy Colours Day! The students will be very excited to receive them.

## T-Rock Lunch Box Specials

| Day \& Date | Name |
| :--- | :--- |
| Wed 26th September | Volunteer needed |
| Thurs 27th September | Volunteer needed |
| Fri 28th September | Georgina Gorman |

Meal Deal 1st Break \$5
Patrick Ryder Beef Burrito
Dustin Martin Taco Box - make your own
(2 tacos, lettuce, tomato, cheese \& taco mince)
2nd Break \$1
Bulldogs BBQ meatball skewers Hawks ham \& cheese pastry puffs

Crows Apple \& custard cup Roos raspberry \& vanilla yoghurt cup

Fremantle fruity fruit cups
Geelong jelly \& custard cups
Bears Rainbow skewers 50c
Cats cheese \& crackers 50c
Power orange \& poppy seed muffins

## After Term 3 sauce will be served in

 individual sachets and will be an extra charge of 20 cSee next page for Friday Menu - Footy Colours Day
Healthy Kids Association Fruit \& Veg Month 3rd-28th September
The theme for this year is
'Happy Fruit \& Veg-tember'.
The aim is to improve students knowledge
and attitude towards eating fruit and vegetables.
When a healthy option is selected which includes fruit and/or vegetables from the Canteen the student receives a reward sticker.
Healthy eating resources are also provided so teachers can reinforce the importance of eating healthy foods.

Fruit \& Yé Mon+h



## It's not too late to claim this year's \$100 Active Kids voucher

The NSW Government is helping children get involved in sport and fitness with the Active Kids program. School-enrolled children will be eligible for a $\$ 100$ Active Kids voucher annually.

The voucher can be used with any approved Active Kids Provider, to help cover costs towards registration, participation and membership fees for sport, fitness and active recreation activities.

This year's voucher doesn't expire until 31 December, so there's still plenty of time for parents and carers to download and redeem theirs.

You can support the Active Kids program by downloading our flyer and displaying it on your school noticeboard, or including details of the program in your school newsletter. If you would like any additional collateral, such a Facebook tiles or logos, please contact Mike Collins.

Visit our website for more information.

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## Canteen Menu

## Friday, 28/09/18 only

- Josh Kennedy Pie
- Travis Varcoe Party Pies
- Dale Thomas Sausage Roll
- Dane Beams Lasagne
- Nat Fyfe Pizza
- Buddy Franklin Chicken Burger
- Joel Selwood Chicken Tenders
- Dyson Hepple T/Rock Burger
- Tex Walker Fried Rice
- Majak Daw Salad Roll
- Jarrod Roughhead Sandwiches
- Lin Jong Wraps
- Max Gawn Kids Lunchbox
- Dusty Martin Special of the week
- Paddy Ryder Burrito Wrap

For full explanation of food items and prices please see normal Canteen Menu


## Henty Field Days

Last week 20 secondary students travelled to the Henty Field Days to look at the latest farm machinery and other exhibits. Popular exhibits with the students were the snake show, the V8 supercar simulator, face painting and without a doubt, the lolly shop.


Byron, Callum, Jacob, Katelin


On behalf of the teachers I would like to congratulate all of the students on the way they represented the
 school and their ability to be on time for the three roll checks.


## Secondary Incentive Day

A Secondary Incentive Day was organised as a reward for students who enthusiastically participated in physical activity during Term 3. We went to Wagga Ten Pin Bowling complex, everyone had a great time.
It was evident many students had played before, leaving the supervising staff in their wake. Congratulations to all students on the day for great involvement and impeccable behaviour.

Mr Gavin Price-Jones - Head Teacher Secondary


## Hot Shots Tennis

Over the past five weeks, primary students have been participating in the Hot Shots Tennis program at the local tennis
 courts. Students have thoroughly enjoyed participating in this program and have learnt a range of tennis skills.


## YEAR 9 \& 10 STEM

Lockhart Shire Council visited the school on Monday to showcase virtual reality, augmented reality and 3D printing as part of a Year 9 \& 10 study in STEM. Students had the opportunity to use the three different interactive technologies and discuss their integration into society.


## WAGGA CRICKET BLAST

Last Thursday students from Years 5 and 6 played in the T20 Blast Cricket Day in Wagga. We had some wins and some loses, however it was a great day. Students displayed sportsmanship, teamwork and commitment. The students were fine ambassadors for TRCS. Thank you to Mrs Traci Driscoll and Mrs Leeanne Evans for organising the day and driving the team into Wagga.



[^0]Book now on 131302 or vislt
sportandrecreation.nsw.gov.au/schoolholldays


COVEMNMENT
facebook.com/OOSNSW
sportandrecreation.nsw.gov.au/schoolholldays | 131302


These dates can change without notice.
We do apologise for any inconvenience this may cause.
Sept/Oct/Nov 2018

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 10 | 24/09 | 25/09 | 26/09 <br> Reach Your Potential Assembly <br> (Concert postponed until Wed 17/10/18) | $\begin{aligned} & \text { 27/09 } \\ & \text { T-Ball Gala Day-Boys } \end{aligned}$ | 28/09 <br> Footy Colours Day |
| School Holidays |  |  |  |  |  |
| 1 | $15 / 10$ <br> Students Return to School | 16/10 | 17/10 <br> Concert <br> Rock the Charts <br> Kinder 2019 <br> Orientation in Kinder room | 18/10 | 19/10 |
| 2 | 22/10 | 23/10 | 24/10 <br> Kinder 2019 <br> Orientation in Literacy/Craft session | 25/10 | 26/10 |
| 3 | 29/10 | 30/10 | 31/11 <br> Whole School Assembly 2.15pm Kinder 2019 Orientation Maths Games P \& C Meeting | 01/11 | 02/11 |



| NOTES \& PAYMENT REMINDER |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| Class/Year | Excursion/Incursion | Date of Event | Cost <br> $\$$ | Date Note and <br> payment is Due |
| Years 2 \& 3 | T-Ball Gala Day Boys, French Fields, Wateela Ave, <br> Wagga Wagga | $27 / 09 / 18$ | $\$ 5$ <br> (bus) | $24 / 09 / 18$ |
| Years 4, 5 \& 6 | Canberra Excursion | $22-24 / 10 / 18$ | Deposit of $\$ 100$ <br> Balance $\$ 200$ | Deposit due now <br> Balance by <br> $29 / 09 / 18$ |


[^0]:    Have an active holiday adventure at one of our exciting residential camps these spring school holidays!

    BOOKINGS NOW OPEN
    RESIDENTIAL PROGRAMS FOR SPRING
    $\begin{array}{ll}\text { For the best holiday fun, our popular } & \text { For kids: } \\ \text { residential camps get kids and teens } & \text {. Snow Play (Jindabyne) }\end{array}$ outdoors, learning new skills and making . Adventurer (Myuna Bay, Milson island, Lake new friends. Our residential programs
    include: Cook Cooking 4 Kids (Myuna Bay)

    Adventurer (Broken Bay)

